

and Gynaecologists



UK Obstetric Surveillance System

NEWSLETTER 36 - April 2014

Risk Factors, Management and Outcomes of HELLP and ELLP Syndrome

The results of the UKOSS HELLP Syndrome study have just been published. 129 women were identified who were diagnosed with HELLP syndrome and 81 women with ELLP syndrome, together with 476 controls.

Key points:

THIS MONTH

- Women with HELLP were more likely to be older, (aOR 1.9, 95%CI 1.1-3.1), nulliparous (aOR=4.2, 95%CI 2.5-7.0), have had a previous gestational hypertensive disorder (aOR=3.5, 95%CI 1.5-8.1), and have a multiple pregnancy (aOR=4.5, 95%CI 1.5-14.1) than control women.
- 138 women (66%) were diagnosed antenatally with HELLP/ELLP; 51% had planned management of immediate delivery and 43% had delivery planned within 48 hours. Only seven women (5%) had planned expectant (conservative) management.
- Women with HELLP syndrome were more likely than women with ELLP syndrome to have a blood transfusion (46% vs 21%, p<0.001) and to have additional severe morbidity (13% vs 1%, p=0.003).
- There were no significant differences in outcomes (blood transfusion, intensive care unit admission, additional severe maternal morbidity or major infant complications) between women with planned immediate delivery and those with planned delivery within 48 hours.
- This suggests that a short delay in delivery, of up to 48 hours, may be considered when monitoring is reassuring and there are good clinical reasons for a delay, such as to allow administration of corticosteroids for fetal lung maturation.

Reference: Fitzpatrick KE, Hinshaw K, Kurinczuk JJ, Knight M. Risk Factors, Management, and Outcomes of Hemolysis, Elevated Liver Enzymes, and Low Platelets Syndrome and Elevated Liver Enzymes, Low Platelets Syndrome. Obstet Gynecol. 2014;123(3):618-627





BPSU GBS study Healthtalkonline website update



Thanks to the following hospitals who have returned cards for the last three months (November 2013, December 2013 and January 2014):

Aberdeen Maternity Hospital, Aberdeen Airedale General Hospital, Keighley Altnagelvin Area Hospital, Londonderry Antrim Hospital, Antrim Barnet and Chase Farm Hospitals NHS Trust, Enfield Barnsley Hospital NHS Foundation Trust, Barnsley Basildon Hospital, Canvey Island Bassetlaw District General Hospital, Worksop Bedford Hospital, Bedford Birmingham City Hospital, Birmingham Birmingham Women's Hospital, Birmingham Borders General Hospital, Borders Bradford Royal Infirmary, Bradford Bronglais Hospital, Aberystwyth Broomfield Hospital, Chelmsford Caithness General Hospital, Wick Calderdale Royal Hospital, Halifax Causeway Hospital, Coleraine Chelsea & Westminster Hospital, London Chesterfield & North Derbyshire Royal Hospital, Chesterfield Countess of Chester Hospital, Chester Croydon University Hospital, Thornton Heath Daisy Hill Hospital, Newry Darlington Memorial Hospital, Darlington Derby Hospitals NHS Foundation Trust, Derby Derriford Hospital, Plymouth Dewsbury and District Hospital, Dewsbury Diana Princess of Wales Hospital, Grimsby Doncaster Royal Infirmary, Doncaster Dorset County Hospital, Dorchester Dr Gray's Hospital, Elgin Dumfries & Galloway Royal Infirmary, Dumfries Ealing Hospital NHS Trust, London East Surrey Hospital, Redhill Epsom General Hospital, Epsom Forth Valley Royal Hospital, Larbert Friarage Hospital, Northallerton Frimley Park Hospital, Camberley George Eliot Hospital, Nuneaton Glan Clwyd District General Hospital, Bodelwyddan Gloucestershire Royal Hospital, Gloucester Good Hope Hospital, Sutton Coldfield Guy's and St Thomas' Hospital, London Harrogate District Hospital, Harrogate Hereford County Hospital, Hereford Hinchingbrooke Hospital NHS Trust, Huntingdon Horton Maternity Hospital, Banbury Hull Royal Infirmary, Hull Ipswich Hospital, Ipswich James Cook University Hospital, Middlesbrough James Paget University Hospitals Trust, Great Yarmouth Jersey General Hospital, St Helier John Radcliffe Hospital, Oxford Kettering General Hospital, Kettering King's College Hospital, London King's Mill Hospital, Sutton in Ashfield Lancashire Women and Newborn Centre, Burnley Leicester Royal Infirmary, Leicester Lincoln County Hospital, Lincoln Lister Hospital, Stevenage Liverpool Women's Hospital, Liverpool Luton & Dunstable Hospital, Luton Macclesfield District General Hospital, Macclesfield Manor Hospital, Walsall Medway Maritime Hospital, Gillingham Milton Keynes Hospital NHS Foundation Trust, Milton Keynes New Cross Hospital, Wolverhampton Newham General Hospital, London Ninewells Hospital & Medical School, Dundee

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Nobles Hospital, Douglas Norfolk & Norwich University Hospital, Norwich North Devon District Hospital, Barnstaple North Manchester General Hospital, Manchester Northampton General Hospital, Northampton Northwick Park Hospital, Harrow Nottingham City Hospital, Nottingham Nottingham University Hospitals NHS Trust, Nottingham Peterborough City Hospital, Peterborough Pilgrim Hospital, Boston Pinderfields General Hospital, Wakefield Poole Hospital, Poole Prince Charles Hospital, Methyr Tydfil Princess Alexandra Hospital, Harlow Princess Elizabeth Hospital, St Martins Princess Royal Hospital, Haywards Heath Princess Royal Maternity Hospital, Glasgow Princess Royal University Hospital, Orpington Queen Alexandra Hospital, Portsmouth Queen Elizabeth Hospital, Gateshead Queen Elizabeth Hospital, Kings Lynn Queen Elizabeth Hospital, London Queen Elizabeth the Queen Mother Hospital, Margate Queen's Hospital, Burton upon Trent Raigmore Hospital, Inverness Rosie Maternity Hospital, Cambridge Rotherham District General Hospital, Rotherham Royal Albert Edward Infirmary, Wigan Royal Berkshire Hospital, Reading Royal Cornwall Hospital, Truro Royal Devon & Exeter Hospital, Exeter Royal Glamorgan Hospital, Llantrisant Royal Gwent Hospital, Newport Royal Lancaster Infirmary, Lancaster Royal Oldham Hospital, Oldham Royal Preston Hospital, Preston Royal Surrey County Hospital, Guildford Royal Sussex County Hospital, Brighton Royal United Hospital, Bath Royal Victoria Infirmary, Newcastle-upon-Tyne Russells Hall Hospital, Dudley Scarborough Hospital, Scarborough Scunthorpe General Hospital, Scunthorpe Singleton Hospital, Swansea South Tyneside NHS Foundation Trust, South Shields South West Acute Hospital, Enniskillen Southend University Hospital NHS FT, Westcliff-on-Sea Southern General Hospital, Glasgow Southmead Hospital, Bristol Southport & Ormskirk Hospital NHS Trust, Ormskirk St George's Hospital, London St John's Hospital, Livingston St Mary's Hospital, London St Mary's Hospital, Manchester St Michael's Hospital, Bristol St Peter's Hospital, Chertsey St Richard's Hospital, Chichester Staffordshire General Hospital, Stafford Stepping Hill Hospital, Stockport Stoke Mandeville Hospital, Aylesbury Tameside General Hospital, Ashton-under-Lyne Taunton and Somerset Hospital, Taunton The Great Western Hospitals NHS Foundation Trust, Swindon The Jessop Wing, Sheffield The Tunbridge Wells Hospital, Tunbridge Wells Torbay Hospital, Torquay Ulster Hospital, Belfast University College Hospital, London University Hospital Lewisham, London

University Hospital of North Tees, Stockton-on-Tees University Hospital of Wales, Cardiff Victoria Hospital, Blackpool Victoria Hospital, Kirkcaldy Wansbeck General Hospital, Ashington Warrington and Malton Hospitals NHS FT, Warrington Warwick Hospital, Warwick Watford General Hospital, Watford West Cumberland Hospital, Whitehaven West Middlesex University Hospital, Isleworth West Wales General Hospital, Carmarthen Western Isles Hospital, Stornoway Wexham Park Hospital, Slough Whiston Hospital, Prescot Whittington Hospital, London William Harvey Hospital, Ashford Wishaw General Hospital, Wishaw Withybush Hospital, Haverfordwest Worthing Hospital, Worthing Wrexham Maelor Hospital, Wrexham Wythenshawe Hospital, Manchester York Hospital, York Ysbyty Gwynedd District General Hospital, Bangor Alexandra Hospital, Redditch Arrowe Park Hospital, Wirral Ayrshire Maternity Unit, Kilmarnock Birmingham Heartlands Hospital, Birmingham City Hospitals Sunderland NHS Trust, Sunderland Colchester General Hospital, Colchester Conquest Hospital, St Leonards-on-Sea Cumberland Infirmary, Carlisle Darent Valley Hospital, Dartford Furness General Hospital, Barrow-in-Furness Kingston Hospital, Kingston upon Thames Leeds General Infirmary, Leeds Leicester General Hospital, Leicester Nevill Hall Hospital, Abergavenny North Hampshire Hospital, Basingstoke Princess Anne Hospital, Southampton Princess of Wales Hospital, Bridgend Queen Charlotte's and Chelsea Hospital, London Queen's Hospital, Romford Royal Free Hospital, London Royal Hampshire County Hospital, Winchester Royal Jubilee Maternity Service, Belfast Royal Shrewsbury Hospital, Shrewsbury Salisbury District Hospital, Salisbury Simpson Centre for Reproductive Health, . Edinburgh St Helier Hospital, Carshalton St James's University Hospital, Leeds St Mary's Hospital, Newport The Portland Hospital, London University Hospital of Coventry & Warwickshire, Coventry University Hospital of North Durham, Durham University Hospital of North Staffordshire, Stoke on Trent West Suffolk Hospital, Bury St Edmunds Worcestershire Royal Hospital, Worcester Yeovil Women's Hospital, Yeovil Barnet General Hospital, Barnet Homerton University Hospital, London Leighton Hospital, Crewe North Middlesex University Hospital, London Royal Alexandra Hospital, Paisley Royal Bolton Hospital, Bolton The Hillingdon Hospitals NHS Foundation Trust, Uxbridge Whipps Cross University Trust Hospital, London Craigavon Area Hospital, Portadown Royal London Hospital, London

Returned all three cards. Returned two cards. Returned one card. No Cards Returned.

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News about other studies using systems similar to UKOSS

Exomphalos – new BAPS-CASS study

BAPS-CASS (British Association of Paediatric Surgeons Congenital Anomalies Surveillance System) is due to begin a study of Exomphalos which is running March 2014 – February 2015. The study aims to describe the current postnatal management and outcomes of infants with exomphalos born in the UK and Ireland. All paediatric surgical centres in the UK and Ireland will be participating and a number of parent support groups have been informed that this study is taking place; therefore, we want to ensure that all UKOSS reporters are aware in case they are approached by parents. **Please note that UKOSS reporters are not expected to report cases**, this will be done through the paediatric surgeons via BAPS-CASS.

If you have any queries about the study, please email the BAPS-CASS team (led by Marian Knight) on baps-cass@npeu.ox.ac.uk.

Group B Streptococcus (GBS) study – BPSU

In April 2014, the British Paediatric Surveillance Unit (BPSU) is launching a new thirteen month surveillance study to capture the incidence of invasive group B streptococcal disease in infants less than 90 days of age in the UK and Ireland. The BPSU have sought the assistance of UKOSS as detailed below, although we anticipate the impact on UKOSS reporters to be minimal.

Cases will be identified through the BPSU and through collaborations with microbiologists and public health specialists in each country. However, in some cases, the maternal and birth details will not be readily available to paediatricians; it is therefore hoped that if approached by the paediatrician reporting a case, the UKOSS reporter will assist in obtaining the necessary information which the paediatrician will then use to complete the study proforma. **Please note that UKOSS reporters will not be required to report cases or complete data collection forms.**

The study will be led by Professor Paul Heath at St. George's Hospital, University of London in collaboration with Public Health England. If you have any questions regarding the study, please contact Dr Catherine O'Sullivan, Paediatric Infectious Diseases Research Group, St. George's Hospital at <u>cosulliv@sgul.ac.uk</u>.

Healthtalkonline – new scrapbook feature!

Healthtalkonline, which features the UKNeS module on life-threatening conditions in pregnancy, has now launched a "scrapbook" feature. This feature is available for anyone to use and allows you to save in one place collections of pages or video clips that interest you from across the whole website. Scrapbooks can be shared with colleagues, friends and family and can importantly be used to generate teaching materials. To find out more about this feature, please visit

http://healthtalkonline.org/content/introducingscrapbooks#ixzz2vqOyK18d





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Case report summary for current studies up until the end of February 2014

Disorder	Actual number of reported cases	Data collection forms returned (%)	Number of confirmed cases (%)	Expected number of confirmed cases
Adrenal Tumours	28	25 (89)	9 (36)	60
Advanced Maternal Age*	184	113 (61)	93 (82)	212
Amniotic Fluid Embolism*	186	179 (96)	126 (70)	109
Anaphylaxis*	31	24 (77)	13 (54)	42
Artificial Heart Valves	38	31 (82)	20 (65)	70
Aspiration in Pregnancy*	2	2 (100)	1 (50)	3
Cardiac Arrest in Pregnancy (CAPS)	146	122 (84)	57 (47)	72
Epidural Haematoma or Abscess	2	0 (0)	0 (0)	0
Primary ITP	80	56 (70)	37 (66)	68
Stage 5 Chronic Kidney Disease	41	33 (80)	33 (100)	82

Funding: * This study represents independent research funded by the National Institute for Health Research (NIHR) under its Programme Grants for Applied Research Programme (Programme Grant RP-PG-0608-10038)

Anaphylaxis study – Important update!

From 1st April please use the following case definition:

Anaphylaxis is defined as a severe, life-threatening generalised or systemic hypersensitivity reaction. We anticipate the following three criteria must be met for a diagnosis of anaphylaxis to be made:

- 1. A life-threatening airway problem and/or breathing problem and/or circulatory problem
- 2. Skin and/or mucosal changes
- 3. Sudden onset and rapid progression of symptoms

However, skin and/or mucosal features in particular may not be evident if treatment is rapidly implemented, so please report all women in whom the final clinical diagnosis is anaphylaxis, irrespective of the presence or absence of skin/ mucosal changes.

Women should **not** be reported if a diagnosis of anaphylaxis has been excluded by their senior attending obstetrician.

Please ensure you use the above case definition for all cases reported on the April cards onwards.

Thank you!

Gastric Bypass in pregnancy – new study coming soon!

More information about this study will be available on our website - please visit ww.npeu.ox.ac.uk/ukoss

Advanced Maternal Age study

This is a reminder for all UKOSS reporters to check hospital records for any additional cases of Advanced Maternal Age. We continue to have a lower incidence rate than expected so are therefore asking all hospitals to ensure that every case has been identified. We plan to crosscheck our case numbers with birth registration data from the Office for National Statistics, National Records of Scotland and Northern Ireland Statistics and Research Agency where possible. However, we would be very grateful if all reporters could check their hospital records as our cross checking could lead to a delay in the study. Please contact <u>ukoss@npeu.ox.ac.uk</u> if you have any queries or wish to report additional cases.

Chocolate Box



Chocolates this month go to Bill Martin from Birmingham Women's Hospital for prompt response to data queries and Rowan Wilson from St James' University Hospital for completing data collection forms without any queries.

Many thanks to you both!



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