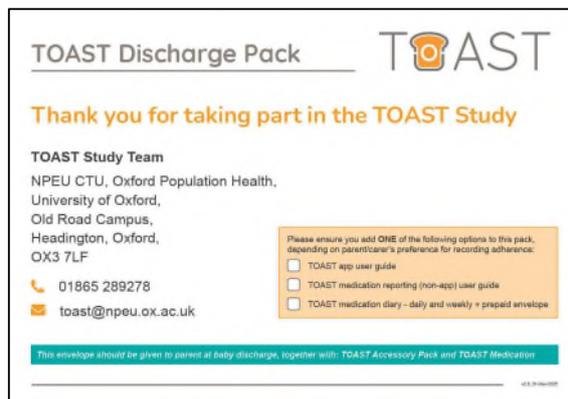


When a TOAST Participant is ready to be discharged home from hospital, please follow the checklist below:

- 1) Check that the parent/carer(s) contact details have been provided on the Contact Details Form (please see **TOAST Guidance Sheet 5: Randomisation**)
- 2) A few days prior to discharge home, train the parents to administer the TOAST enteral medication using a 'see one, do one' approach (you could use the 'TOAST Medication Guide for Parents' leaflet to help with this)
- 3) A few days prior to discharge home, help the parent/carer(s) to download the TOAST App and set up their user account. Train the parent/carer(s) to use their chosen method of recording adherence using the relevant User Guide (App or Non-App)
- 4) Identify parent/carer's preference for recording adherence to the TOAST medication at home and enter this on the Contact Details Form:
  - TOAST App
  - Non-App (OpenClinica) – if no access to a smartphone
  - Paper Medication Diary – if no access to a smartphone or computer
- 5) Provide a Discharge Pack, which contains the following:
  - Parent Information Leaflet (PIL)
  - Medication Guide for Parents
  - Health Visitor Letter, in envelope
  - Symptomatic Reflux Treatment Pathway – FAMILIES
  - Dosing Chart for Parents
  - Medication Log
  - Parent Certificate
  - Junior Scientist Certificate
  - App User Guide, **OR** Non-App User Guide, **OR** Medication Diary (Daily and Weekly) with prepaid envelope **\*site staff to add 1 of these options to Discharge envelope\***



- 6) Provide parent/carer(s) with any unopened bottles of enteral medication from the infant's current TOAST medication pack to take home, and dispose of any opened bottles of enteral medication (log their disposal on the Daily Dosing Log)
- 7) Provide parent/carer(s) with a TOAST Accessory Pack, which contains:
  - Measuring Cylinders
  - Reminder Magnet with whiteboard pen
  - Marker Pen
  - Post-it notes
  - Pen

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