Inequalities in Infant Mortality Project Briefing Paper 1

Infant mortality: overview and context

Jennifer J Kurinczuk, Jennifer Hollowell, Peter Brocklehurst, Ron Gray

National Perinatal Epidemiology Unit, University of Oxford

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1 Introduction

Since 2000 the Government has made tackling health, social and educational inequalities a public service priority by setting public service agreement (PSA) targets which focus on these areas. Health inequalities in children are the specific focus of Target 11 as identified in the 2002 spending review¹; the aim being to narrow the health gap between socio-economic groups and between the most deprived areas and the rest of the population, in childhood and throughout life. The 2004 spending review reaffirmed this PSA target by re-stating it as "To reduce inequalities in health outcomes by 10% by 2010 as measured by infant mortality and life expectancy at birth."2 The objective of the infant mortality element is defined in Figure 1.

Figure 1. Infant Mortality PSA Target²

"Starting with children under one year, by 2010 to reduce by at least 10% the gap in mortality between the routine and manual groups and the population as a whole. The baseline is 1997-99."

The Department of Health has identified five key actions for the successful delivery of the infant mortality target. One of these actions is to "develop a plan to strengthen the evidence base about interventions to reduce infant mortality."^{2,3} To achieve this, the Department of Health has commissioned a series of systematic reviews of the evidence from the National Perinatal Epidemiology Unit (NPEU). As part of the review process the NPEU will also produce a series of briefing papers, of which this is the first.

The aim of this paper is to provide a background to the evidence review process by presenting an overview of recent trends in infant mortality and setting this in the context of changes in the maternal and infant population seen over recent decades in England and Wales.

The information presented in this paper comes largely from the analysis of routinely published data from the Office for National Statistics (ONS), now the UK Statistics Authority. Data are presented for the most recent year available which, at the time of writing, was 2007; long term trends are presented by five yearly figures where appropriate. For much of the information presented there are complex underlying relationships which it is not possible to explore using published data. Care must therefore be exercised in the interpretation of these figures. For example, young women whose infants have high rates of mortality are, in addition to their relative youth, also more likely to be unmarried and to be of lower socioeconomic status with a higher prevalence of associated risk factors for infant mortality. From the data presented here it is not possible to disentangle which of these factors is responsible for the higher risk of infant mortality and which are confounders. A simple illustration of this complex situation is given in the birth statistics of the relationship between maternal age and marital and birth registration status (see section 2.5). Definitions of terms used in this paper are given in the glossary at the end.

2 The changing pattern of birth statistics

In 2007 in England and Wales there were 690,013 live births and 3,598 stillbirths born to 682,999 women; the birth rate rose again for the sixth consecutive year; and the *total fertility rate* was at an average of 1.92 children per woman. This is the highest fertility rate for 34 years. The total number of live births is now at its highest since 1991.

The recent increase in the overall birth rate has largely been driven by the increase in the birth rate of women in their thirties and forties with the recent reversal in declining birth rates for women in their twenties making a smaller contribution. 4Other factors include the contribution to births made by women born

outside the UK and in particular specific groups of women born outside the UK who have higher fertility rates than UK-born women.

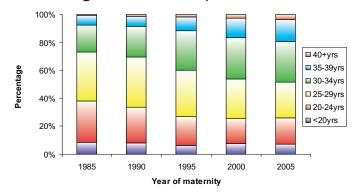
2.1 Trends in maternal age at birth

The past 40 years has seen profound changes in the profile of the fertility of women of different ages (Figure 2). From the mid-1970s onwards the birth rates of women over the age of 30 have consistently increased, which is in marked contrast to the decline in birth rates of women between the ages of 20 and 30 years which was evident until a reversal at the start of the 21st century.

In the 1960s the largest number of births was to women aged 20-24 years. The 1970s saw the predominance of births to women 25-29 which continued until 1999 when they were outstripped for the first time by women aged 30-34 years. In 1985 only 27% of births were to women 30 years and over compared with 48% in 2005 (Figure 2). Nineteen percent of births in 2005 were to women 35 years and over compared with only 8% in 1985.

The effect of the increasing fertility of 'older' women is reflected in the average maternal age at first birth which has risen steadily from 24.8 years in 1985 to 27.7 years in 2007.

Figure 2. Maternal age at birth, maternities in England and Wales, 1985 to 2005



2.2 Multiple births

In 2007, 15 in every 1,000 women having a baby in England and Wales delivered twins and 2 in every 10,000 delivered triplets or a higher order multiple birth. This represents the highest rate of twining since the collection of records about multiple births began in 1938 (Figure 3). The increase in twinning since the mid-1970s represents the combination of the effects of increasing maternal age at conception and increasing use of infertility treatment, particularly *in vitro fertilisation* (IVF) with the replacement of two or more embryos; in 2004 23% of IVF *maternities* resulting in a live birth were multiple births.⁵

Figure 3. Twining rate per 1,000 maternities* England and Wales, 1938 to 2007**



- *Refers to the number of women delivering
- **Data for 1981 are not included as they were incomplete due to industrial action by registration staff that year

The triplet and higher order multiple birth rate (Figure 4) is even more strongly influenced by patterns in treatment with IVF and related assisted reproductive technologies (ART). The peak triplet and higher order birth rate was 5 per 10,000 maternities in 1998 when it was nearly five times the rate seen in the 1970s. The decline in the rate followed a change in IVF clinical practice and the introduction of the policy of two-embryo transfer (apart from in exceptional circumstances) by the Human Fertilisation and Embryology Authority (HFEA) in 2001.

Figure 4. Triplet and higher order rate per 1,000 maternities* England and Wales, 1938 to 2007**

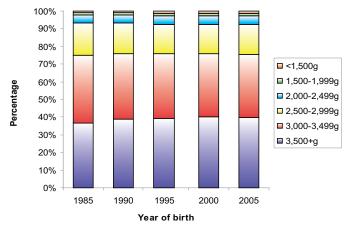


- * Refers to the number of women delivering
- **Data for 1981 are not included as they were incomplete due to industrial action by registration staff that year

2.3 Birth weight and gestational age

The distribution of birth weight has shifted over time with a slight increase in the proportion of low birth weight babies (<2,500g) from 6.9% in 1985 to 7.6% in 2005 (Figure 5). However, recent data are suggestive of a decline with 7.3% of live births in 2007 born weighing less than 2,500g.

Figure 5. Birth weight distribution* of live births, England and Wales, 1985 to 2005

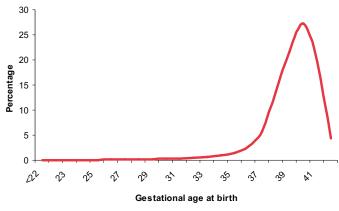


*Excludes births where the birth weight was not recorded

The shift in low birth weight is reflected in a slight increase in the proportion of live births born 3,500g or above from 36.8% in 1985 to 39.5% in 2005. In 2007 39.7% of live births weighted 3,500g or more.

Although there is a clear relationship between birth weight and gestational age, low birth weight can be a consequence of poor growth or prematurity or both and gestational age information is needed to distinguish between the two. Gestational age at birth is an important obstetric outcome per se and also a risk factor for adverse outcomes. Gestational age at birth is, however, not recorded at birth registration. This information only became available as part of the recently established new allocation system of NHS numbers for babies (NN4B), information from which has now been linked to birth registration data. 6 This has enabled for the first time analysis of gestational age at birth for England and Wales data (Figure 6).

Figure 6. Gestational age* distribution of live births England and Wales, 2005⁶



*Data from Moser et al 20076 - excludes births where gestational age was not recorded

In 2005 the majority (88%) of live births were delivered between 37 and 41 completed weeks gestation which is a full term pregnancy; 6.2% were moderately pre-term (32-36 weeks); 0.9% were very pre-term (28-31 weeks); and 0.5%

were extremely pre-term (<28 weeks). Just less than 1 in 20 (4.3%) were born at 42 weeks or later.⁶

2.4 Migration patterns and the impact on births

Increases in births, decreases in deaths and changes in the pattern of international migration into and out of the United Kingdom have all contributed to recent increases in the size of the general population. The number of births has increased partly due to rising fertility among UKborn women and partly because of an increase in the number of women of childbearing age entering the country as temporary visitors or permanent migrants. This has had a substantial impact on the trends in the proportion of births to women who were themselves born outside the UK. In 1985 just over 12% of live births in England and Wales were to women born outside the UK, by 2005 this proportion had increased to 21% (Figures 7 and 8) and in 2007 was 23%.

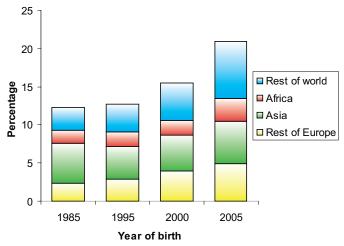
Figure 7. Maternal country of birth, live births England and Wales, 1985 to 2005*



*Data for 1990 are not shown as the reporting of maternal country of birth in that year does not allow the 'rest of Europe' to be shown separately from the 'rest of the world'

Figure 8 shows data for only those mothers born outside the UK to better illustrate that the contribution to births of mothers from different countries in the world has also changed substantially since 1985. Considering only those live births to mothers born outside the UK the proportion born to mothers from the rest of Europe increased from 18% in 1985 to 23% in 2005; the proportion born to mothers from Asia nearly halved from 43% in 1985 to 27% in 2005; the proportion to mothers from Africa remained the same at 14%; and the contribution from mothers born in the rest of the world increased from 24% to 35%. These are of course national figures and are likely to be different in different areas of the country where migrants make up a larger or smaller proportion of the local population and the distributions of countries of origin vary.

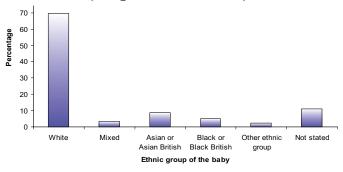
Figure 8. Maternal country of birth outside the United Kingdom, live births England and Wales, 1985 to 2005*



*Data for 1990 are not shown as the reporting of maternal country of birth in that year does not allow the 'rest of Europe' to be shown separately from the 'rest of the world'

Maternal country of origin does not, however, accurately reflect maternal or infant ethnicity. Recently available data on infant ethnic group collected as part of the recently established NHS numbers for babies (NN4B) system have been linked to birth registration data enabling for the first time an analysis of the distribution of births by infant ethnic group (Figure 9).7 In 2005 65% of births were of White British ethnicity and 5% were of White Irish or other White ethnicity; 3.5% were of mixed ethnicity; 9% were Asian or Asian British; 5% were Black or Black British; 2% were from another ethnic group; and the remaining 11% did not have their ethnicity recorded. Quality checks suggest that births with an unreported ethnic group were largely White.8 Assuming this to be the case then 75% of births were of White British ethnicity.

Figure 9. Ethnic group* distribution of all births, England and Wales, 2005⁷



* Ethnic group of the baby based on maternal report; data from Moser et al 2008^7

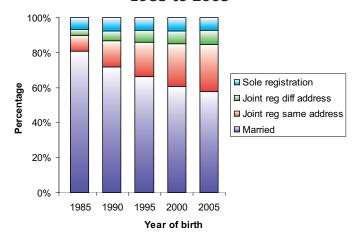
The total fertility rate also varies by maternal country of birth with the most recent comparative data available being for births in 2001. In that year the total fertility rate in the UK was 1.6 and the total fertility rate of women born in the UK was also 1.6. However, the total fertility rate of women born outside the UK, who constituted 16.5% of the maternal population in

2001, was 2.2 and for those women born in the Indian subcontinent and Africa the *total fertility rate* were 2.8. Even within the latter category there was a considerable range from 1.6 for women born in East Africa to 4.7 for women born in Pakistan.⁹

2.5 Parental marital and registration status

Information about the marital status of the parents is collected at birth registration. If the parents of the baby are married then either parent may register the birth. If the parents are not married then a joint registration can be made by either both parents being present at the registration or by a statutory declaration about paternity being presented by the registering parent. For unmarried couples and in the absence of a statutory declaration a sole registration is made. As illustrated in Figure 10, the option of joint registration is widely taken up. For this reason the assumption is made that the sole registration group consists largely of lone mothers.

Figure 10. Parental marital and registration status, live births England and Wales, 1985 to 2005

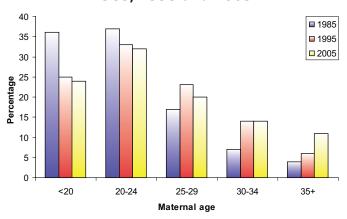


Substantial changes have taken place between 1985 and 2005 in terms of parental marital status with the largest numerical changes being in the distribution between married couples and couples living at the same address and jointly registering the birth of their baby. Sole registrations have remained relatively constant at around 7%. Joint registrations with the parents living at different addresses have doubled over this period from 3.5% in 1985 to 8.3% in 2005. Whereas joint registration by unmarried couples living at the same address increased three fold from 9% in 1985 to 27% in 2005. Conversely registrations by married couples decreased from 81% to 58% over the same period.

The age distribution of mothers varies by their marital and registration status. In 2005 61% of married women were 30 years or over when their

baby was born; 53% of women whose baby was jointly registered were aged between 20 and 29 years; and 56% of sole registrants were under the age of 25. Whilst the proportion of mothers who are sole registrants has remained unchanged at about 7% since 1985 their age distribution has shifted in keeping with the changes in maternal age distribution overall (Figure 11). In 1985 73% of sole registrant mothers were aged less than 25 compared with 56% in 2005, and 4% and 11% respectively were over 35.

Figure 11. Maternal age distribution of sole registration live births, England and Wales, 1985, 1995 and 2005



Mothers of jointly registered births (Figure 12) have an age distribution more similar to that of sole registrants (Figure 11) than married women (Figure 13) although they are on average slightly older than the sole registrant group.

Figure 12. Maternal age distribution of joint registration live births, England and Wales, 1985, 1995 and 2005.

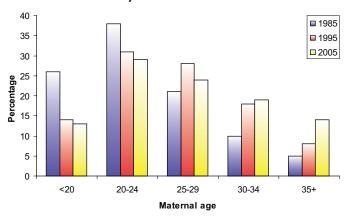
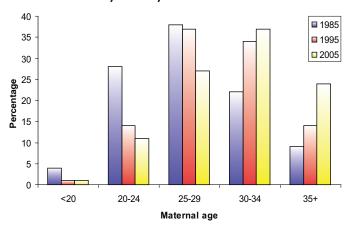


Figure 13. Maternal age distribution of married registration live births, England and Wales, 1985, 1995 and 2005.



2.6 Socio-economic position

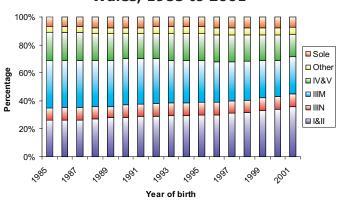
The socio-economic position of infants at birth is derived from information about the occupation of their father given at the registration of their birth. This information is coded for only a 10% random sample of live births although all perinatal and infant deaths are coded. As a consequence of paternal information being used the socio-economic position for infants born to women who are sole registrants cannot be derived.

The coding system used to derive socio-economic position has in the past been revised on a ten yearly basis to coincide with the national census. For births between 1991 and 2000 paternal occupation was coded using the Standard Occupational Classification SOC90 and codes were allocated to the Registrar General's Social Class. In 2001 SOC2000 was introduced but was quickly followed in 2002 by the National Statistics Socio-Economic Classification (NS-SEC).10 NS-SEC is a nominal group system based on a wholly new conceptual basis for the derivation of socioeconomic position underpinned by the concept of employment relations which reflect labour market and work situations. This represents a move away from the prestige, social standing, skill base and hierarchical system of social class.7,11 NS-SEC has a series of analytical classes. Birth and infant mortality statistics are published using the eight-class version. Socio-economic position and infant mortality are discussed further in Briefing Paper 2 in this series.

Even with revisions on a ten yearly basis, it is possible to compare trends over time across birth information coded to the Standard Occupational Classification system. However, the introduction of NS-SEC has resulted in a discontinuity for comparative purposes based on published data. ONS undertook a back coding exercise and the results are published in the 2007 report of the review of the infant mortality PSA target.²

Figure 14 illustrates the socio-economic position of live births between 1995 and 2001 categorised by social class.

Figure 14. Socio-economic position coded to social class for live births, England and Wales, 1985 to 2001

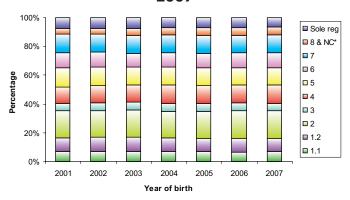


The proportions of births to sole registrants, those coded to social classes III non-manual, IV, V, and the 'other' category remained essentially unchanged over the period from 1985 to 2001. In the other three categories there was a general shift with the proportion of births in class III manual decreasing from 34% to 26% and the proportion in classes I & II combined increasing from 26% to 34%. This is thought to reflect the changes in the general population and labour market conditions in the UK with the loss of many manual occupations.¹⁰

Figure 15 illustrates the categorisation of socioeconomic position of live births from 2001 onwards coded using the NS-SEC classification system. The definitions of the categories of NS-SEC are given in the glossary. The eight-class version can be collapsed into the following threeclass version: groups 1 & 2 are referred to as 'managerial and professional'; groups 3 & 4 are the 'intermediate group'; and groups 5 to 7 are the 'routine and manual group'. Group 8 includes fathers who have never worked and the longterm unemployed. Not classified are those who are employed but are unclassifiable and include those where insufficient information is provided to allow classification. In the birth statistics the combined group of 8 and not classified consists almost wholly of the not classified group.

Over the six year period since the introduction of NS-SEC the proportion of births assigned to each category has remained relatively constant. In 2007 35% of births were coded to the managerial and professional groups; 18% to the intermediate groups; 35% to the routine and manual groups; 5.5% were coded to group 8 and unclassifiable; and 7% were born to sole registrants (Figure 15).

Figure 15. Socio-economic position coded using the NS-SEC classification system for live births, England and Wales, 2001** to 2007



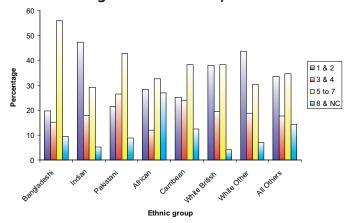
**Data relating to births in 2001 coded to NS-SEC were presented in 2002 $\,$

*NC not classifiable

2.7 Socio-economic position, ethnic group, and parental marital status and maternal age

The socio-economic position of infants varies with their ethnicity, the marital status of their parents and age of their mother.

Figure 16. Socio-economic position of births* classified by NS-SEC, by ethnicity**, England and Wales, 2005⁷



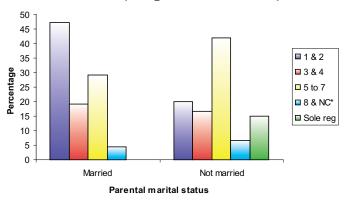
* Data from Moser et al 2008⁷ based on all births in marriage and joint registrations

** Ethnicity of infant from linkage of NN4B and birth registration data and based on maternal report

Figure 16 illustrates the very wide variations in socio-economic position of births in 2005 classified by their ethnic origin. Infants of Indian ethnicity had the highest proportion classified to the managerial and professional groups (47%); infants of Pakistani origin had the highest proportion of infants assigned to the intermediate groups (27%); over 50% of births of Bangladeshi origin were classified to the routine and manual groups; and babies of African ethnic origin had the greatest proportion of fathers who have never worked, were unemployed long term or were unclassifiable (27%).

In terms of parental marital status the relative social-economic position of births has not changed over the period since the introduction of the NS-SEC classification system. The findings for 2007 (Figure 17) are representative for this period and show that births to married couples are significantly more likely to be classified to managerial and professional groups than births to couples who are not married (47% versus 20% respectively). Conversely births to couples who are not married are significantly more likely to be classified to routine and manual groups than births to married couples (42% versus 29% respectively). Sole registrant mothers account for 15% of the births in the unmarried group.

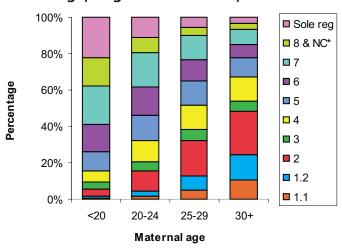
Figure 17. Socio-economic position of live births classified by NS-SEC, by parental marital status, England and Wales, 2007



* NC - not classifiable

In 2007 less than 6% of births to mothers aged <20 years were classified to the managerial and professional groups; 10% were classified to the intermediate groups; 47% to the routine and manual groups; 15% were born to fathers whose occupation was not classifiable; and 22% were born to mothers who were sole registrants (Figure 18). This contrasts markedly with the socio-economic position of births to women who were 30 years and over. Forty-eight percent of this group were classified to the managerial and professional groups; 19% to the intermediate groups; 26% to the routine and manual groups; less than 4% had fathers whose occupations were not classifiable; and only just over 3% had mothers who were sole registrants.

Figure 18. Socio-economic position of live births classified by NS-SEC, by maternal age, England and Wales, 2007



* NC - not classifiable

3 Infant mortality

Infant deaths are defined as the deaths under one year of age of babies who were live born (i.e. stillbirths are not included).

The *infant mortality rate* is defined as the total number of infant deaths per 1,000 live births in a specified period of time. Infant deaths are divided into two groups: those occurring at less than 28 days after birth, referred to as neonatal deaths; and those occurring at ages 28 days and over but under one year, referred to as postneonatal deaths.

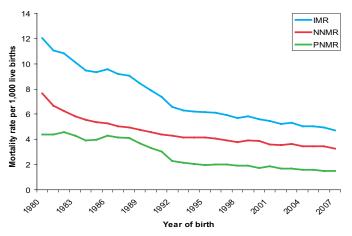
Infant mortality rates have for a long time been used as country or regional level proxy indicators of socio-economic position. Infant mortality has also long been regarded as an important indicator of population health.

Neonatal mortality rates are especially sensitive to events during pregnancy, delivery and the neonatal period, and to the care given to mothers and their babies. Postneonatal mortality is thought to be influenced to a greater extent by parental circumstances, including their socioeconomic position, and the care they provide for their infant.

3.1 Trends in infant mortality

In 2007 there were 3,264 infants born in England and Wales who died before reaching their first birthday. This represents an infant mortality rate of 4.7 deaths in every 1,000 live births.

Figure 19. Infant, neonatal and postneonatal mortality rates, England and Wales, births 1980 to 2007



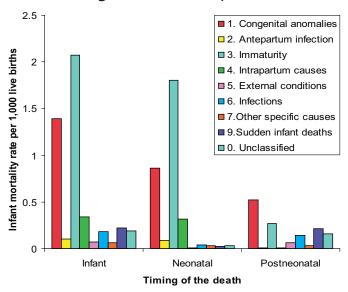
IMR – infant mortality rate; NNMR – neonatal mortality rate; PNMR – postneonatal mortality rate

As illustrated in Figure 19 the infant mortality rate has declined quite steadily from the beginning of the 1980s, although the rate of decline from the early 1990s slowed markedly. The relative contribution of neonatal and postneonatal deaths has also changed during this period. In the late 1980s 55% of infant deaths occurred during the neonatal period with 45% in the postneonatal period. From 1992 onwards the distribution shifted to between 65-69% neonatal and 31-35% postneonatal. In 2007 the proportions were 69% and 31% respectively.

3.2 Causes of infant mortality

Since the introduction of the current stillbirth and neonatal death certificate in 1986 it has not been possible to directly compare the cause of deaths in the neonatal and postneonatal period because, in contrast to deaths in general (including postneonatal deaths), for neonatal deaths no single underlying cause of death is identified. In consequence the Office for National Statistics (ONS) developed a hierarchical classification which allows the infant death to be assigned to a specific category based on the likely timing of the damage leading to the death. The definition of the ONS cause of death classification algorithm is given in the glossary. The causes of death given in Figure 20 are shown in the hierarchical order of the ONS cause groups.

Figure 20. ONS cause group-specific* mortality rates by timing of the death, England and Wales, 2007



*See the glossary for the definition and derivation of the ONS cause groups

Immaturity related conditions and congenital anomalies were the two largest grouped causes of death and together accounted for three-quarters of infant deaths overall in 2007 (Table 1). In the neonatal period, immaturity related conditions alone accounted for 54% of deaths with 26% due to congenital anomalies; whereas, in the postneonatal period the ranking was reversed with congenital anomalies accounting for 38% of deaths and 20% of deaths being due to immaturity.

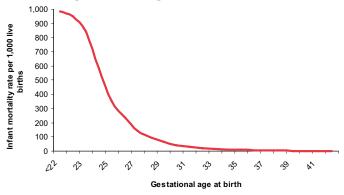
Table 1. Frequency and cumulative frequency of ONS cause group-specific infant deaths, England and Wales, 2007

ONS cause groups	%	Cumul %
Immaturity	45	45
Congenital anomalies	30	75
Intrapartum causes	7	82
Sudden infant deaths	5	87
Unclassified	4	91
Infections	4	96
Antepartum infections	2	98
External conditions	1	99
Other specific causes	1	100

3.3 Infant mortality by gestational age.

Gestational age at birth has a profound impact on the infant mortality rate, as illustrated in Figure 21.

Figure 21. Gestational age-specific infant mortality rate*, England and Wales, 2005⁶



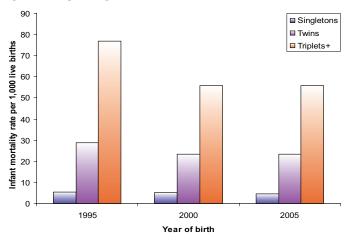
* Data from Moser et al 20076 - excludes births where gestational age was not recorded

In 2005 the infant mortality rate declined steadily with every week of gestation until 42+ weeks. The infant mortality rate for term (37-41 weeks) births was lower than the overall rate with the lowest rate (1.32 per 1,000) for babies born at 40 weeks gestation.

3.4 Infant mortality by plurality

Multiple births are at a much higher risk of infant death than singletons (Figure 22).

Figure 22. Infant mortality rates by plurality, England and Wales, 1995 to 2005



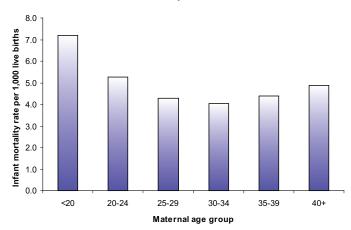
*Triplets+ includes higher order multiples

The infant mortality for singletons, twins and triplets and higher order multiples has declined over time. However, the relative difference in risk of infant death between the multiples and singletons has not changed significantly in the decade between 1995 and 2005. For births in 2006 (as reported in the 2007 statistics), the infant mortality rate for twins was 22 per 1,000 live births which was nearly five times greater than the rate for singletons at 4.4 per 1,000. The infant mortality rate for triplets and higher order multiples was 78 per 1,000 which was nearly 18 times greater than the rate for singletons.

3.5 Infant mortality trends with maternal age, birth registration and parental marital status

Infant mortality varies by maternal age in the typical reverse J-shaped curve seen for many perinatal indicators. In 2007 women aged 30-34 years had the lowest infant mortality rate at 4.0 per 1,000 (Figure 23). The rates for women aged 25-29 years and 35-39 years were 4.3 and 4.4 per 1,000 respectively. The rate for women aged 40 years and over was 4.9 and for women 20-24 years the rate was 5.3 per 1,000. Women who were <20 years when their baby was born had the highest rate of infant death at 7.2 per 1,000.

Figure 23. Infant mortality rates per 1,000 live births by maternal age, England and Wales, 2007

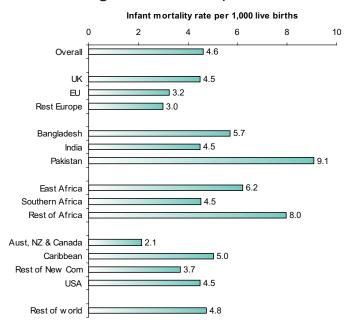


The risk of infant death also varies by parental marital status and birth registration status. In 2007 births registered within marriage had the lowest infant mortality rate at 4.2 per 1,000 live births. Jointly registered births had an intermediate rate of 5.0 per 1,000 and sole registrant births had the highest rate at 6.3 per 1,000.

3.6 Infant mortality by maternal country of birth

Infant mortality rates vary by the mother's own country of birth (Figure 24). In 2007 women experiencing excess infant deaths were born in Pakistan (9.1 per 1,000), Africa excluding Southern and East Africa (8.0), East Africa (6.2), Bangladesh (5.7), the Caribbean (5.0), and the rest of the world (4.8), although this excess was only statistically significant for women born in Pakistan and the 'Rest' of Africa. Compared with women overall the excess deaths for women born in Pakistan were both neonatal and postneonatal whereas for women born in the 'Rest' of Africa the excess was predominantly in neonatal deaths.

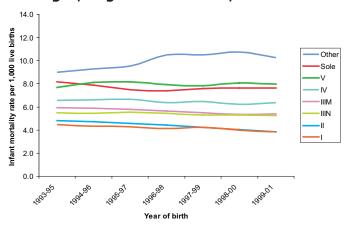
Figure 24. Infant mortality rate per 1,000 live births by maternal country of birth, England and Wales, 2007



3.7 Infant mortality trends with socioeconomic position

Infant mortality varies with socio-economic position. In the period shown in Figure 25, when paternal occupation was coded to social class, there was a clear gradient in the infant mortality rate with the lowest rates in social classes I and II, through to the highest rates in social class V, sole registrants and those in 'other' occupations which could not be classified. There was a general reduction in all the rates for the period 1993 to 2001 apart from those in social class V, which remained essentially unchanged over time, and the 'other' category, which showed an overall increase over time.

Figure 25. Infant mortality rate per 1,000 live births by social class, three year rolling averages, England and Wales, 1993 to 2001

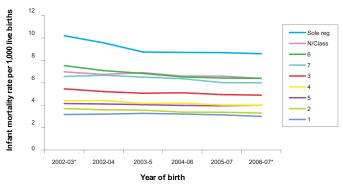


Following the introduction of NS-SEC coding it is not possible to make a direct comparison of infant mortality rates between the two coding systems. ONS 'back-coded' infant mortality data to 1994 which are presented in grouped

form in the report of the 2006 review of the health inequalities infant mortality PSA target.² Rowan examined the effects of the changes in coding on infant mortality and the relationship between rates by classification of socio-economic position.¹² He concluded that rates by social class compared with rates against social class approximated from NS-SEC coding showed very little difference i.e. they were within 0.1 deaths per 1,000 live births, when used at the level of non-manual and manual groups and thus it may be possible to approximate social class from NS-SEC data at this level.

Figure 26 illustrates the infant mortality rates by NS-SEC categories using rolling averages for 2002 to 2007. In 2006-07 the lowest rates of infant mortality were seen in NS-SEC groups 1, 2, 4 and 5 with rates between 3.0 and 4.0 per 1,000 and group 3 had a rate of 4.9; all of which were around or under the overall national average of 4.7 per 1,000. Groups 6, 7 and sole registrants ranged from 6.0 to 6.4; and group 8 and unclassified combined had a rate of 8.6. Notably the rate for the latter group had fallen substantially from a rate of 10.2 in 2002-03.

Figure 26. Infant mortality rate per 1,000 live births by NS-SEC**, three year rolling averages*, England and Wales, 2002 to 2007



**Socio-economic position coded using the National Statistics Socio-Economic Classification (NS-SEC)

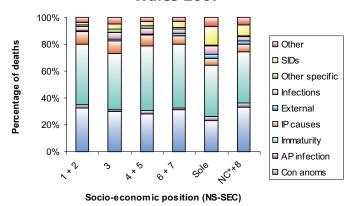
* Two year averages for 2002-03 and 2006-07

NC - not classified

3.8 Infant mortality by grouped causes and socio-economic position

The distributions of cause of infant deaths are very similar for all NS-SEC groups 1 to 7 (Figure 27). The most striking differences are between groups 1 to 7 and the sole registrants and the group 8 and unclassifiable group. The latter groups experienced a greater proportion of sudden infant deaths (SIDS), infections and deaths from other causes.

Figure 27. Distribution of grouped causes of infant deaths, by NS-SEC**, England & Wales 2007



**Socio-economic position coded using the National Statistics Socio-Economic Classification (NS-SEC)

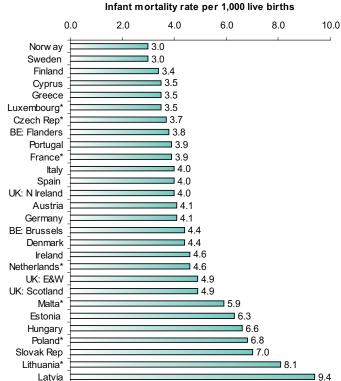
AP = Antepartum; IP = Intrapartum

*NC - not classified

3.9 European comparisons

Figure 28 illustrates infant mortality rates across Europe in 2004 using data collected by the EURO-PERISTAT¹⁴ project. International comparisons of rates can be problematic because of difference in definitions of both the numerator and denominator of the rate. Some countries exclude births before a specified gestational age or below a specified birth weight in their calculations. The infant mortality rate is the least susceptible of the perinatal indicators to this problem since, with a small number of exceptions (see Figure 28), the same definitions are used. In 2004 the lowest infant mortality rates were in Sweden and Norway at 3.0 per 1,000 live births with the highest rate in Latvia at 9.4 per 1,000. The rate for England and Wales is in the bottom third of this European ranking.

Figure 28. Infant mortality rates per 1,000 live births by European country,** 2004¹³



*Countries where a gestational age or birth weight limit is applied which may affect the rate

Data sources

Unless otherwise indicated all the data for England and Wales used in this report were taken from the publications 'Birth Statistics: Births and patterns of family building in England and Wales series FM1' and 'Mortality Statistics: Childhood, Infant, Perinatal series DH3' produced by the Office for National Statistics (formerly the Office for Population, Censuses and Surveys).

Glossary

Infant mortality rate – number of deaths at ages under one year per 1,000 live births

Live birth – birth of an infant showing any signs of life regardless of gestation at birth

Maternity – a maternity refers to a woman giving birth regardless of the number of babies born

National Statistics Socio-Economic Classification (NS-SEC) – a method of coding socio-economic position on the basis of occupation introduced in 2002 to replace the Standard Occupational Classification which coded occupation to the Registrar General's Social Class. NS-SEC has a series of analytical classes which are nominal in the extended 14 operational categories form and

^{**}Data for the whole of Belgium (BE) and Slovenia are not included

which become ordinal when collapsed into the three-class version. Infant mortality statistics are published using the eight-class analytical version:

- 1.1 Large employers and higher managerial
- 1.2 Higher professional
- 2 Lower managerial and professional
- 3 Intermediate
- 4 Small employer and own-account workers
- 5 Lower supervisory and technical
- 6 Semi-routine
- 7 Routine
- 8 Never worked and long-term unemployed Unclassifiable

Neonatal mortality rate – number of deaths at ages less than four weeks per 1,000 live births.

NHS number for babies (NN4B) – until 2002 NHS numbers were allocated to babies at the point of civil birth registration. In 2002 a new electronic Central Issuing System was introduced to allocate the numbers at birth. Key birth notification details are collected including gestational age and ethnicity, the latter two of which are not collected at birth registration.

NS-SEC – see National Statistics Socio-Economic Classification above

ONS cause (of death) groups hierarchical classification – a classification system developed to enable comparison of neonatal and postneonatal deaths following a change in deaths certificates for neonatal deaths and stillbirths whereby a single underlying cause of death was no longer assigned. This system allows the death to be assigned hierarchically to a specific category based on the likely timing of the damage leading to the death:

Before the onset of labour

- 1. Congenital anomalies
- 2. Antepartum infections
- 3. Immaturity related conditions

In or shortly after labour

4. Asphyxia, anoxia or trauma

Postnatal

- 5. External conditions
- 6. Infections
- 7. Other specific conditions
- 9. Sudden infant deaths

Unclassified

0. Other conditions

Postneonatal mortality rate – Number of deaths at 28 days and over but under one year per 1,000 live births.

Registration of births – refers to the process of civil registration of birth which is legally required within 42 days of the occurrence of the birth.

Registration of deaths – refers to the process of civil registration of a death which requires a death certificate from a doctor involved in the care. Unless the death is notified to the coroner then death registration is legally required to be completed within five days of the death.

Social class – the Registrar General's classification of social class was derived from coding of occupation which in the case of births was the paternal occupation. Social class has six categories: I, II, III Non-manual, III Manual, IV and V. In 2002 this was replaced by the NS-SEC classification.

Socio-economic position – a concept used to categorise together people who are broadly similar in terms of life-chances and living standards. In the UK, a person's position in the labour market has traditionally been used to allocate them to a socioeconomic group. Children are usually allocated to their father's group.

Stillbirth – birth of an infant at ≥24 weeks gestation showing no signs of life.

Total fertility rate – the average number of live children that a group of women would have if they experienced the age-specific fertility rates for the year in question throughout their childbearing lifespan.

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